

Research Questions

- How (if at all) does the combination of different types of disadvantage influence service responses and women's experiences of these?
- When and why do women with experience of SMD first seek help from support services?
- What if any **opportunities** to support women with experience of SMD are **'missed**'?
- What factors **facilitate and/or inhibit** their access to and engagement with support services?
- How do women **perceive and experience** the services available?
- What are the **implications** for the commissioning, design, and delivery of support services?



Methods

Qualitative case study approach, involving 2 services in each of 4 cities across UK (Belfast, Glasgow, Stoke-on-Trent, Swansea) (*n*=8 services)

Phase 1

- In-depth interviews with women with lived experience (timeline and traditional) (n=60 participants)
- Focus groups with frontline support workers (n=26 participants)

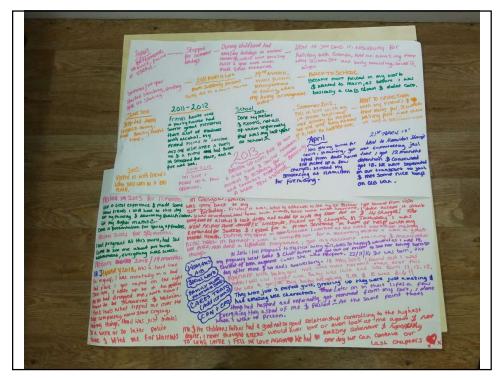
Phase 2

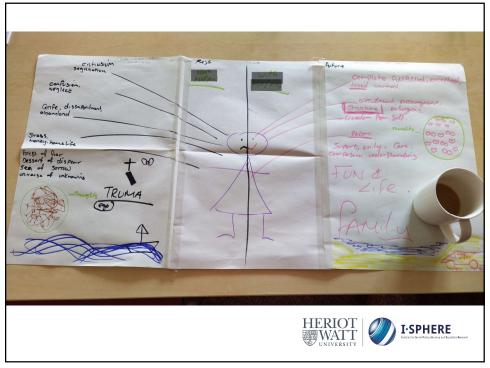
- Local area consultation in each city (n=14 participants)
- National key informant interviews (n=14 participants)

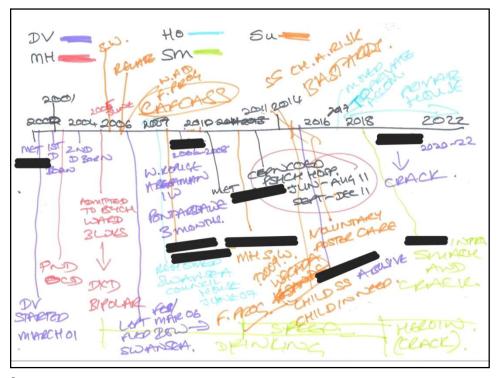


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Influence of Compound Disadvantage on Experiences and Service Responses - 1

- Routes into and experiences of SMD domains highly gendered; exploitation by men a key theme
- Co-occurrence compounds disadvantage, esp. for those experiencing other intersectional disadvantage (e.g. minoritised ethnicity, neurodivergent, physical disability)
- Disadvantages coalesce in myriad ways but with same outcome of **heightening barriers** to mainstream support
- Increased recognition of inter-relatedness of disadvantages in policy/practice debate – and concerted effort to overcome them in places



Influence of Compound Disadvantage on Experiences and Service Responses - 2

- But success in joint working largely symptomatic of commitment and goodwill of individual stakeholders; progress re systems change limited
- Some services continue to operate as if oblivious to relationships between disadvantage domains
- Lack of mental health provision for women affected by dual diagnosis extremely problematic
- Concerns re perceived increase in number/ proportion of women diagnosed with a Personality Disorder



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Routes In and Missed Opportunities

- Absence of / inadequate responses to trauma
 - Childhood: sexual/ physical/ emotional abuse, neglect, family dysfunction
 - Adulthood: sexual violence, domestic abuse, loss of children
- Women who experienced social work intervention or refuge as a child more aware of and likely to seek (housing-related) support when encountering difficulty as adult



Critical Junctures for Intervention

- Critical junctures and 'red flags' include:
 - Problematic drinking / disruptive behaviour at school
 - Leaving care
 - Transition from CAMHS to adult mental health
 - Child removal



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(In)visibility and Inhibition Regarding Support

- Active attempts to conceal or downplay severity of circumstances ... which can exacerbate or prolong exposure to risk
- Reluctance to seek/ use support founded on:
 - Fears re access to children
 - Presence of men
 - Deterrence by partners
 - Prior negative experience of services
 - Shame, embarrassment, and stigma



Perception and Experience of Services

- Pockets of good practice re trauma-informed and (to lesser extent) gender-informed support; but postcode lottery
- Widespread 'shunting' between and/or exclusion from services
- 'Luck' re timing, point of entry, and appropriateness of response
- **Key ingredients** for promoting engagement + positive outcomes:
 - Enabling choice (of accommodation and support)
 - Low threshold access requirements
 - 'Sticky' support
 - Emphasis on outreach
 - Use of navigators
 - Relational approach
 - Rapid response
 - Long-term support



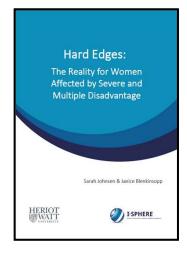
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Implications for Policy and Practice

- Stakeholders across all relevant sectors need to share:
 - a) responsibility for responding, and
 - b) risks in responding
- Need for clear **leadership at national level** and greater **cross-sectoral commitment** (esp. health and social care)
- Call for more investment in trauma- and gender-informed services, and women-only provision
- Need for greater recognition of severity of trauma and its impact on ability to make use of support
- Appetite for greater focus on **prevention**







https://researchportal.hw.ac.uk /files/107153525/HardEdges-RealityForWomen_FullReport _logo_.pdf

